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Patient Data and Plant Medicine: Ask the Right Questions

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Abstract: The cannabis usage data that is available to physicians, outside the scope of placebo-controlled clinical trials, is subjective reporting by patients via various smartphone apps and social media. How a patient feels is valuable data, but not enough to encourage adoption of plant medicine as a viable choice. For example, if a patient is using cannabis to address insomnia, how many hours per night has the patient slept? Has the patient been able to fall back asleep if awakened? How many milligrams of specific cannabinoids were taken? What is the terpene profile? What method of ingestion? How long for onset and duration? What were the side effects?

The data we have been collecting for over a decade is based upon copious amounts of information on each patient - including full patient and family histories. The risks of drug-on-drug interactions are addressed with a built-in cytochrome p450 checker. When physicians see a patient in-person or via telemedicine, they are able to make their recommendations with confidence accessing relevant data and previous patients' experiences in a fully secure HIPAA compliant manner.